



ROUTES

Please download our tour routes to your smartphone or personal GPS device before you arrive on tour by following the directions below. They'll provide turn-by-turn voice navigational cues for our routes. And keep you on track!

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Using a Smartphone

Step 1: Access the tour routes.

- 1) About ten days before the tour, we will send you a Route Link.
- 2) After clicking the link from your phone, you will be asked to sign up for free or sign in to the Ride with GPS app. If you don't already have an account, you'll need to download the Ride with GPS app and set up an account.
- 3) Once logged in to the app and on the Home screen, tap the More icon at the bottom right of the screen. Then tap My Events, and the tour name.
- 4) You should see all of the tour's routes. Tap the three dots at the top right and then Download All. iPhone users may need to keep the app open, with the screen on, until the downloads are complete.
- 5) From time to time, WomanTours may update the routes after you've downloaded them. When you open the app with wifi or

cell service, the routes will sync automatically.

Step 2: Navigate while on tour.

- 1) Open the app, click on Home, then Events, and then the tour name. Click on the tour for the day and then Navigate.
- 2) Your phone will lock on a GPS signal and begin recording and navigating your ride.
- 3) When you take a photograph, the app will record it on the map exactly where you took it.
- 4) If you go off-course, you'll receive a sound notification and the option to click for directions to return to the route.

Smartphone Battery Saving Tips

- Before starting your ride, use the **Offline Maps feature** to download the entire route and associated map tiling within the app for consistent, reliable use without a cell signal. This allows



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you to reference the entirety of your route and track your progress in airplane mode, significantly extending the range of your battery. Download the routes ahead of time so you can use them offline during the tour.

- If you want the most bang for your power-saving buck, keep your screen off as much as possible. Regardless of which GPS platform you run on which device, your mobile screen will be the most significant power drain on your device.
 - You can still navigate via turn-by-turn voice navigation. With your app in **Handlebar Mode**, the turn-by-turn function will simply activate the screen long enough to read the cues over the lock-screen, returning to sleep mode immediately afterward.
 - Use Airplane mode—Toggle your phone into airplane mode, particularly in remote areas. While riding through remote locations, your phone expends a disproportionate amount of power attempting to connect to cellular networks, though none may be available. This ends up draining your batteries extremely quickly.
- Turn off **Live Logging**. This is a great feature that allows friends and family to track your ride progress and current location, but it does impact battery life—Disable Live logging in remote areas where you may not have a reliable cell signal.
 - Close all of your other apps. If you still find yourself running out of battery, consider buying an external battery pack or using another GPS device.

Keep your phone in Airplane mode when no connection is required.

Using a Garmin, Wahoo or other GPS Device

- A. From your smartphone, click on the Route Link that we will send you about ten days before the tour.
- B. Create a free account, or sign in with an existing account on the Ride with GPS website. You'll then be taken to an Event Page with our WomanTours rides.
- C. **Garmin Connect:**
Click the **Profile icon** (your photo) in the upper right of your profile > **Settings** > **Connected Services** > Connect with Garmin.



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This will display the Connect with Ride with GPS prompt.

D. **Connect with Ride W/ GPS**

1. Follow the prompts to Connect with Ride with GPS
2. Select **SAVE** to allow Activities and Course data to sync between Garmin and Ride with GPS
3. **AGREE** to authorize Garmin to connect with Ride with GPS

E. **Pin Routes to Sync Automatically**

Once Garmin Connect is enabled on your profile, [pin any route on web or mobile](#) to sync wirelessly from your Ride with GPS account to your device. In the case of previously pinned routes, you'll want to unpin and re-pin to trigger auto-sync functionality.

F. **Wahoo ELEMNT:**

Click the links below for step-by-step instructions on using your Wahoo Elemnt with Ride with GPS routes:

[Connect ELEMNT with Ride with GPS](#)

Once your Wahoo is connected and authorized, it's time to sync!

[Sync Routes](#)

Then, sync with your device.

For updates, in wifi, unpin, sync to device, and then pin again.

Technical Support

If you're having difficulties, please refer to this link for lots of helpful information:

<https://ridewithgps.com/help/tour-participants>. You can also email questions

to info@ridewithgps.com and in the Subject Line type "WomanTours Tour." Or contact us at WomanTours.