



ROUTES

Please download our tour routes to your smartphone or personal GPS device before you arrive on tour by following the directions below. They'll provide turn-by-turn voice navigational cues for our routes. And keep you on track!



Using a Smartphone

Step 1: Access the tour routes.

- 1) About 10-14 days before the tour, we will send you a Link to the Routes.
- 2) After clicking the link from your phone, you will be asked to sign up for free or sign in to the free Ride with GPS app. If you don't already have an account, you'll need to download the Ride with GPS app and set up an account.
- 3) Once logged in to the app and on the Home screen, tap the More icon at the bottom right of the screen. Then tap My Events, and the tour name.
- 4) You should see all of the tour's routes. Tap the three dots at the top right and then tap Download All. iPhone users may need to keep the app open, with the screen on, until the downloads

are complete. When the routes are downloaded, you will see a check mark next to the name of the route.

- 5) From time to time, WomanTours may update the routes after you've downloaded them. When you open the app with WiFi or cell service, the routes will sync automatically so you will have the most up-to-date version.

Step 2: Navigate while on tour.

- 1) Open the app, tap on Home (at the bottom left of the screen), then Events (at the top of the screen), and then the tour name. Tap on the route for the day and then tap Navigate.
- 2) Your phone will lock on a GPS signal and begin recording and navigating your ride.



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- 3) When you take a photograph, the app will record it on the map exactly where you took it.
- 4) If you go off course, you'll receive a sound notification and the option to tap for directions to return to the route.
- 5) If you take a break, you can pause the voice navigation without affecting your route metrics or stopping your recording. While in navigation mode, tap the Route Options button in the upper right corner and select Clear Route. When you are done with your break, back into your Route Library, tap on the route you were navigating and tap Navigate. That will bring the route back up and allow for turn-by-turn voice navigation.
- 6) At the end of the route, you can choose to delete the recorded ride or save it. Long-tap on the orange pause button at the bottom center of the screen, then tap Finish Ride. Tap Save if you want to save the recorded ride, or scroll down on the screen and

tap Delete if you do not wish to save it.

Smartphone Battery Saving Tips

- Before starting your ride, use the Offline Map feature <https://tinyurl.com/3yanm83b> to download the entire route and associated map tiling within the app for consistent, reliable use without cell signal. This allows you to reference the entirety of your route and track your progress while keeping your phone in airplane mode, significantly extending the range of your battery.
- If you want the most bang for your power-saving buck, keep your screen off as much as possible. Regardless of which GPS platform you run on which device, your mobile screen will be the most significant power drain on your device. You can still navigate via turn-by-turn voice navigation. With your app in Handlebar Mode, <https://tinyurl.com/nhzkuwx>, the turn-by-turn function will



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simply activate the screen long enough to read the cues over the lock-screen, returning to sleep mode immediately afterward.

- Use Airplane mode. Toggle your phone into airplane mode, particularly in remote areas. While riding through remote locations, your phone expends a disproportionate amount of power attempting to connect to cellular networks, though none may be available. This ends up draining your batteries extremely quickly. Keep your phone in Airplane mode when no connection is required.
- Turn off Live Logging (<https://tinyurl.com/mrxd72hZ>). This is a great feature that allows friends and family to track your ride progress and current location, but it does impact battery life. Disable Live logging in remote areas where you may not have a reliable cell signal.
- Close all of your other apps. If you still find yourself running out of battery, consider buying an

external battery pack or using another GPS device.

Using a Garmin, Wahoo or other GPS Device

From your smartphone, click on the Route Link that we will send you 10-14 days before the tour. Create a free account, or sign in with an existing account on the Ride with GPS website. You'll then be taken to an Event Page with our WomanTours rides.

Garmin Connect

- 1) Click the Profile icon (your photo) in the upper right of your profile > Settings.
- 2) Click Connected Services > Connect with Garmin. This will display the Connect with Ride with GPS prompt. Now you can connect with Ride with GPS
- 3) Follow the prompts to Connect with Ride with GPS.
- 4) Select SAVE to allow Activities and Course data to sync between Garmin and Ride with GPS.



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- 5) AGREE to authorize Garmin to connect with Ride with GPS
- 6) Once Garmin Connect is enabled on your profile, pin any route on web or mobile to sync wirelessly from your Ride with GPS account to your device (<https://tinyurl.com/4u69xys9>). In the case of previously pinned routes, you'll want to unpin and re-pin to trigger auto-sync functionality.

Technical Support

If you're having difficulties, please refer to this link for lots of helpful information: <https://tinyurl.com/9ebrkn29>

You can also email questions to info@ridewithgps.com. In the subject line type WomanTours Tour. If you prefer, you can also contact us at WomanTours, info@womantours.com or 585-424-2124.

Wahoo ELEMNT

- 1) Click the links below for step-by-step instructions on using your Wahoo ELEMNT with Ride with GPS routes.
- 2) Connect ELEMNT with Ride with GPS (<https://tinyurl.com/vpvps2z3>). Once your Wahoo is connected and authorized, it's time to sync.
- 3) Sync routes (<https://tinyurl.com/yemnzm74>). Then sync with your device.
- 4) For updates, in wifi, unpin, sync to device, and then pin again.