



STAY SAFE

Wellness Protocols

We reserve the right to amend these policies as circumstances around the pandemic change. (updated 3/10/23)

Wellness: We realize that COVID-19 is here to stay. Given the fact that the estimated majority of adults in the U.S. have reportedly had COVID and that COVID vaccinations must be kept up to date to be effective, we are no longer requiring our guests to be vaccinated for our bike tours.

We estimate that at least 95% of our guests will have received at least two COVID vaccines at some point in their lives, but we will no longer be keeping track or asking for proof. We advocate staying up to date on all vaccinations and boosters as recommended by your medical team.

Masks: We recommend that everyone bring her own mask on tour. It should be a high-quality surgical mask or respirator such as the N95, KN95 or KF94. Always wear a mask when it's required by an establishment or when it makes you feel more comfortable. Mask wearing is optional on our trips and in our vehicles. Please be respectful of others who choose to wear masks.

Hand Sanitizer: WomanTours will have hand sanitizer available during meals and group gatherings. We ask guests to have their own supply with them for times when there is no hand sanitizer available, such as when you are cycling. Please use hand sanitizer before serving yourself.

Meals: All meals will be from restaurants, catered or prepared by WomanTours guides. Sometimes we will eat indoors. If someone is uncomfortable with the dining arrangements, she can speak to our guides about ordering a meal to go and dining separately from the group.

Roommates: We have reinstated our system of rotating roommates. If you sign up alone in a double room and would like a roommate, we will match you with one. You'll rotate roommates every night that we change hotels with everyone else who has come on her own. If you do not feel comfortable with this arrangement, you can come with a friend

as your roommate or pay for the single upgrade.

Wellness: Pay close attention to your health a week before the start of the tour, during the tour and a week after the tour. If you start to feel ill during the tour, take a test to see if it's COVID. We recommend bringing at-home rapid tests for COVID with you on the tour.

Feeling Sick: If you do not feel well enough to cycle, you may ride in the WomanTours support vehicle. We recommend you wear a mask in the vehicle to help keep others safe. If you feel well enough, you may ride your bike and stay a distance from other people. Consider getting your own room for the night if possible.

Specific Regulations: If a destination or operating partner requires COVID vaccinations, then WomanTours will require that all of our travelers on that tour be vaccinated. We will not be held liable if a rule is put into place after someone has registered for a tour but before the tour has taken place. Our normal cancellation policy will apply. We recommend the purchase of travel insurance if you are not vaccinated to mitigate this risk.

Travel Insurance: For travel insurance that covers all issues around COVID-19, consider obtaining Cancellation for any Reason (CFAR) insurance from Global Rescue or Allianz. For more information, read our blog post: www.womantours.com/blog/travel-insurance-in-the-age-of-covid-19.